

REGISTRATION

Player's Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Emergency Phone _____
 Email _____
 Grade to enter in Fall 2016 _____
 Age during camp _____ Male Female
 Position(s) _____
 Roommate request _____

Yes! I would like to purchase a hand-sewn ADIDAS ball for \$30 at registration (don't include payment now).

Camp	Date	Sex	Ages	Fee	Deposit
Boys Residential (commuter)	June 26-29	M	14-18	\$450	\$100
Boys Residential (resident)	June 26-29	M	14-18	\$495	\$100
Girls Residential (commuter)	July 8-10	F	14-18	\$350	\$100
Girls Residential (resident)	July 8-10	F	14-18	\$395	\$100
Day Camp 1	July 18-22	M/F	7-17	\$275	\$50
Day Camp 2	July 25-29	M/F	7-17	\$275	\$50

Online Registration

Go to www.ursoccercamps.com to register for your desired session(s). All waiver forms and insurance information are accessible and can be completed through our website.

Mail-In Registration

Complete the above registration section mail it to the address on the brochure. Include a check made out to UR Soccer Camp for the appropriate deposit amount.

After mailing your registration please email Jack Burgasser (jburgasser@sports.rochester.edu) to confirm that your registration is on its way. You will then receive information on registering for an account on ursoccercamps.com so you can submit waivers and insurance information.

Non-profit Org.
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 University of
 Rochester

ROCHESTER SOCCER CAMPS
 University of Rochester
 Goergen Athletic Center
 Rochester, NY 14627
 585-276-5105/585-276-5101



Boy's Residential Camp

June 26-29
 Ages 14-18

Girl's Residential Camp

July 8-10
 Ages 14-18



Jeff Greblich
 All-USA 1st Team

UNIVERSITY of ROCHESTER

2016 SOCCER CAMPS



Katie Grasso

NSCAA All-East Region 2nd Team



Day Camp 1

July 18-22
 Ages 7-17

Day Camp 2

July 25-29
 Ages 7-17

Register today at
ursoccercamps.com



Chris Apple
Head Men's Soccer Coach
University of Rochester
15th year

- USSF "A" License
- NSCAA Advanced National Diploma
- UR Record 183-54-43
- 4-Time UAA Coach of the Year (2001, 2005, 2007 & 2013)
- 4 Time ECAC Champions (2001, 2002, 2003 & 2004)

- 2002 USYSA National Championship, Rochester Jr. Rhinos
- 2002 NSCAA National Boys Coach of the Year
- 3 Time Northeast Regional Coach of the Year (2003, 2005 & 2007)
- 5 UAA titles (2005, 2007, 2008, 2009 & 2013)
- NCAA Tournament (2005, 2006, 2007, 2008, 2009, 2010, 2012 & 2013, 2014)



Sike Dardaganis
Head Women's Soccer Coach
University of Rochester
5th year

Thomas "Sike" Dardaganis completed his 5th season as Head Coach of the Yellowjackets and 20th season coaching the women's soccer team at the University of Rochester. Sike accepted the head coaching position at his alma mater following his 1st assistant role as well as his 20 years coaching at the collegiate, club and ODP levels.

In his first five years at the helm of UR Women's Soccer, the Yellowjackets have been recognized in the NSCAA Top 25 National Rankings, garnered championships in the Flower City Tournament and Clarion Classic, won their 15th straight NSCAA Team Academic Award and coached 19 players to All-UAA recognition.

For More Information:

Chris Apple at (585) 276-5630
chris.apple@rochester.edu

Sike Dardaganis at (585) 276-5101
adardaganis@sports.rochester.edu

Day Camp

The Rochester Soccer Camp believes that the "game" is the best teacher and that philosophy is evident at our camp. Daily activities include individual ball skills, small-sided games, group tactics and learning through playing. Emphasis will be placed on individual player development, gaining a better understanding of the game and most importantly having fun!

Players will be placed on teams according to age, gender and ability to ensure that campers are comfortable within their group. This also creates a healthy, challenging learning environment for each player. Campers will have the opportunity to learn from some of the best college soccer coaches and players in the region. The sessions are serious and intense, but we never lose sight of the fact that soccer is a game and the player's enjoyment is the number one priority.

UR Day Camps

Day Camp 1: July 18th – 22nd • **Day Camp 2:** July 25th – 29th

9:00 a.m. – 4:00 p.m. (lunch included)
Boys & Girls 7-17 years old

Cost: \$275 - the price includes a delicious all you care to eat lunch every day and a camp T-shirt.

Online Registration

You can register online, view the details of all the camps offered by Rochester Soccer Camps and take a look at the frequently asked questions page at www.ursoccercamps.com.

Facilities

The University of Rochester provides an outstanding environment for soccer including two new turf stadium fields and a new grass field, which are all within walking distance of the dorms and dining center. Campers will also have access to an indoor field house, and additional grass fields.

Soccer Balls

Daily activities include individual ball skills training, which requires every camper to have a ball. For those interested, we will be selling ADIDAS hand-sewn soccer balls for \$30. If you would like to purchase a ball at registration, please mark the appropriate box on the registration form.

Attend the Residential or Day Camp as a Team!

A team camp option is available for high school and club teams interested in living together (Elite Camp only), training and competing as a unit. Attending as a group is a great way to build chemistry, work on team tactics and get a head start on your season. In addition each player will receive a discounted registration fee!

To learn more and register your team, please call:
(585)276-5105 or (585)276-5101

UR Residential Camp

The Residential Camp is designed for high school age players. The camp combines individual skills with advanced team tactics to enhance the development of each player. Campers will be exposed to challenging training sessions to improve decision-making and speed of play. Competitive evening matches will also enhance development and provide players the opportunity to showcase their ability and potential to perform at the collegiate level.

Individual attention and instruction are fundamental goals at the Residential Camp. Staff members are selected for their knowledge and passion for teaching the game. Campers will be instructed on the principles of zonal defending, possession, combination play, 1 v 1 play, counter attacking and finishing. Our coach to camper ratio is 1:8 and the staff is committed to one on one coaching and the personal development of every player. At the end of the camp each player will receive a written evaluation to guide them with their training and development after camp.

The UR Residential Soccer Camp combines outstanding facilities, exceptional coaches and high-level competition to be the premier soccer camp in upstate New York.

Goalkeeping Curriculum

Our goalkeeping staff will teach players the technical, tactical, mental and physical aspects of this crucial position. Individualized training will focus on: footwork, catching, distribution, angle play, high balls, decision-making and communication. The training experience is further enhanced as the goalkeepers are incorporated into small group training sessions and full field 11 v 11 matches. Our goal is to provide every goalkeeper with the tools they need to continue to improve long after the conclusion of camp.

UR Residential Camps

Boys (14-18 years old): June 26-29 • Cost: \$495 (\$450 commuters)
Girls (14-18 years old): July 8-10 • Cost: \$395 (\$350 commuters)

Residential Camp includes: tuition, room and board on the beautiful University of Rochester campus and a camp T-shirt.

\$100 Deposit required with application.

Enrollment is limited to ensure quality instruction, so reserve your space now!

Daily Schedule

7:00am – Wake-Up

7:30am – Breakfast

9:00am – Technical Training

10:30am – Small-Sided Games

12:00pm – Lunch

1:30pm – Tactical Training

3:00pm – 6 v 6 Games

4:00pm – Swimming (Optional)

5:00pm – Dinner

7:00pm – 11 v 11 Matches